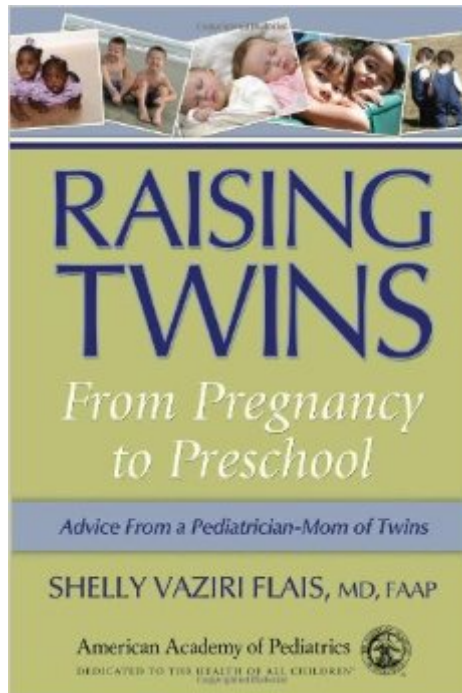


The book was found

Raising Twins: From Pregnancy To Preschool



Synopsis

Even with years working as a pediatrician, Shelly Vaziri Flais, MD, FAAP, was nervous about what lay ahead when she was told she was pregnant with twins. Now, several years into parenting her twin boys, Dr Flais is sharing her wisdom and experience as a mom and her expertise as a doctor to help other parents prepare for and raise multiples with confidence. With insightful stories from her own experiences coupled with important information only a pediatrician can offer, *Raising Twins* will help parents

Prepare for the arrival of their twins
Survive the first few days and weeks with advice on sleep schedules, feeding choices, and finding support
Develop strategies to help successfully manage (and enjoy!) the first year of their twins's lives
Negotiate the toddler years, including potty training, language development, big-kid beds, budgets, and discipline
Understand the world of their twins as they become preschoolers, including socialization inside and outside the family, encouraging individualism, discipline and sleep issues.

Book Information

Series: *Raising Twins From Pregnancy to Preschool*

Paperback: 208 pages

Publisher: American Academy of Pediatrics; 1 edition (October 1, 2009)

Language: English

ISBN-10: 1581103441

ISBN-13: 978-1581103441

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (68 customer reviews)

Best Sellers Rank: #228,043 in Books (See Top 100 in Books) #16 in [Books > Parenting & Relationships > Family Relationships > Twins & Multiples](#) #89 in [Books > Parenting & Relationships > Family Relationships > Siblings](#) #650 in [Books > Parenting & Relationships > Parenting > Early Childhood](#)

Customer Reviews

I'm really amazed that the average rating is around 4.5 for this book. My overall feeling is that it's dry, and not very unique to twins. As a parent of two young children (5yrs and 18mos), I'm looking more for a "crash course" in Twin Specifics. I'm looking for the tricks and 'shortcuts' that will help us survive, especially those early months. I want the honest truth: "what is it going to take, and how am I going to muster it?"... and I don't have much time to read (already a little busy with 2 kiddos). I'm

so bored with the book right now, I'm struggling to get through the last few pages, I almost gave it 2 stars... but as a parent, I do relate to the advice and facts. I don't think they're wrong/bad...Pros -- For First Time Parents, the author does a VERY nice job summarizing key parenting points, sleep training, naps, feeding frequency, formula/breastfeeding, etc. As a new parent with my first child, I probably would have given it 5 stars.+ The author of this book has an older child, so there are some tips for managing sibling introduction and attention.+ I'm a big fan of the Ferber sleep training method (and I think it gets a lot of unfair / bad press). This book explains it very eloquently. It talks about how to start sleep training without making it a scream-fest. It also goes one step further, giving ages/weights for when to start sleep training (something Ferber skirted around a little bit).+ There are some illustrations for feeding positions (although you can just as easily find them online, or in the instructions for a twin nursing pillow).Cons -- It's mostly just a parenting book, with a twin 'flavor'.

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Raising Twins: From Pregnancy to Preschool Children's book: "A FAIRY-MARY":Bedtime story, Beginner readers, values(sleep goodnight)Rhyming bedtime Story About Caring for Your Teeth(Level 1)preschool ... children's 4-8 (preschool books Book 7) Dad's Guide to Twins: How to Survive the Twin Pregnancy and Prepare for Your Twins Dad's Guide to Raising Twins: How to Thrive as a Father of Twins The Art of Parenting Twins: The Unique Joys and Challenges of Raising Twins and Other Multiples Raising Twins: What Parents Want to Know (and What Twins Want to Tell Them) Raising Twins After the First Year: Everything You Need to Know About Bringing Up Twins - from Toddlers to Preteens Everything You Need to Know to Have a Healthy Twin Pregnancy: From Pregnancy Through Labor and Delivery . . . A Doctor's Step-by-Step Guide for Parents for Twins, Triplets, Quads, and More! The Multiple Pregnancy Sourcebook: Pregnancy and the First Days with Twins, Triplets, and More Double Duty: The Parents' Guide to Raising Twins, from Pregnancy through the School Years (2nd Edition) Raising Twins: Parenting Multiples from Pregnancy Through the School Years Twin Sense: A Sanity-Saving Guide to Raising Twins -- From Pregnancy Through the First Year Pregnancy:The BEST Pregnancy Handbook For First Time Moms And Dads: Pregnancy, Motherhood, Childbirth, Pregnant, Healthy Kids, Healthy Children,parenting,toddlers ... diet,Breastfeeding, Newborn, Infant Care) Twins 101: 50 Must-Have Tips for Pregnancy through Early Childhood From Doctor M.O.M. My Twin Pregnancy Week by Week: The Ultimate Planner for Moms Expecting Twins Juggling Twins: The Best Tips, Tricks, and Strategies from Pregnancy to the Toddler Years When You're Expecting Twins, Triplets, or Quads 3rd Edition: Proven Guidelines for a Healthy Multiple Pregnancy When You're Expecting Twins,

Triplets, or Quads: Proven Guidelines for a Healthy Multiple Pregnancy Twins! Pregnancy, Birth and the First Year of Life, Second Edition The Everything Twins, Triplets, and More Book: From pregnancy to delivery and beyond--all you need to enjoy your multiples

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